



- A** Walk to lope right lead to B
- B** lope 1/2 circle right, jog 1/2 circle pass B to D
- D** lope 1/2 circle left lead to E
- E** walk to C ,
- C** back 4 steps,
- A** stop,

- ..... walk
- jog
- .-. extended jog
- lope